

## VISITING UPSOM

### Housing:

Students are responsible for making their own housing arrangements. However, here are a couple of resources that may be useful:

- <http://rotatingroom.com/>  
This site is composed mostly of sublets available from medical students. It is not hosted by University of Pittsburgh. Review the site's terms carefully and use at your own judgement.
- <http://www.ocl.pitt.edu/apartment-sublet-listing>  
A searchable University of Pittsburgh listing with some short-term housing options
- Check with your Alumni Office for possible contacts in the Pittsburgh area who may wish to house visiting students

### Estimated Expenses (Pittsburgh):

The following living expenses are <b>estimates only</b> and will vary based on the student's personal choices:	
Rent and Utilities	\$ 800.00
Food	\$ 250.00
Personal Expenses	\$ 150.00
Transportation Expenses (one-month transit pass)	\$ 120.00
<b>Estimated living expenses for a 4-week elective</b>	<b>\$ 1320</b>
<i>Please note: This estimate does not include the cost of travel to and from the UPSOM campus and your home institution.</i>	

### White Coats, ID badges, etc.:

Visiting students should bring their ID badge and white coat from their home school to wear. Some sites may also require you to wear a UPMC hospital ID badge. Your student coordinator will advise you.

If your rotation requires scrubs or a pager or hospital computer access, your student coordinator will notify you and help you with that.

### **Getting Around:**

**Public transit** in Pittsburgh is available. Schedules and information on rates and bus passes are available online at: <http://www.portauthority.org/>

**UPMC shuttle service** is available between some hospital sites. Please check with your student coordinator for information if needed.

If you will need to get around **late at night or very early in the morning**, or you have chosen housing or been assigned to a clinical site that is not on a public transit route, consider bringing or renting a vehicle or using a taxi\* service. If you will be renting a vehicle or bringing one, please check with your student coordinator about parking availability and costs at the site(s) you will be assigned to.

\*Pittsburgh also has **Uber** and **Lyft** service, which can be accessed via a smartphone app.

**Google Maps** is fairly reliable in finding your way around Pittsburgh on foot, by car, or public transit. Please use the same caution you would use travelling in any unfamiliar city.

### **Staying Safe in and around Pittsburgh:**

**UPMC Security (from inside a UPMC building or parking structure):** 412-647-3191, or 647-3191 from a hospital phone

**University of Pittsburgh Campus Police (inside a University building or parking structure):** 412-624-2121, or 4-2121 from a campus phone

### **Anywhere in the U.S.:**

Fire, Medical or Police Emergencies anywhere: Dial 911 from any phone

### **Enrichment Activities During your Visit:**

A calendar of Health Sciences events is available at: <http://health.pitt.edu/>

### **Other things about Pittsburgh:**

Weather info, maps, and other visitor information: <http://www.visitpittsburgh.com/plan-your-trip/>

Pittsburgh International Airport: <http://www.flypittsburgh.com/>

### **Professionalism and Conduct:**

Visiting medical students are held to the same expectations of professionalism and conduct as our own students. Please review our professionalism standards and medical student responsibilities in the Student Handbook online:

<http://www.medstudentaffairs.pitt.edu/handbook/academic-policies-procedures.php>

Visiting medical students can expect to be treated with the same level of professionalism as our own students expect to be treated by faculty, residents, and other professionals they encounter in their learning environment. Please review our policy on responsibilities, inappropriate behavior, and what you should do if you feel you are subjected to any form of mistreatment:

<http://www.medstudentaffairs.pitt.edu/handbook/documents/ProfessionalismInTheTLEnvironment21811Final.pdf>

### **Exposure Reporting Procedure for Visiting Students:**

- Call Employee Health at 412-647-3695 (7:30 am – 4:00 pm Monday – Friday)
- After hours and on weekends report the nearest emergency room
- Identify yourself as a visiting medical student
- Have your personal health insurance information available
- Call Employee Health the next business day at 412-647-3695 to follow up
- Contact the University of Pittsburgh Office of Student Affairs to report the incident

Medical students are responsible for any cost incurred in the treatment of this exposure so make certain you have your health insurance coverage available.