Prologue to Medicine is a dynamic 5-week summer program that introduces incoming first-year medical students to the Three Rivers Curriculum (3RC), SOM leadership, their classmates, the campus, and the city of Pittsburgh.





PROLOGUE TO MEDICINE 2025

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ABOUT US

The Office of Diversity, Equity, and Inclusion is committed to your professional, academic, and personal success. Throughout your PittMed journey, YOU are our mission. Get to know us during Prologue to Medicine!

MEET THE TEAM

Chenits Pettigrew, Jr., EdD
Associate Dean for Diversity
Rhonda White, EdD
Administrator
Anna Elias, BA
Administrator



ADVANTAGES

- Explore interest groups, research, and volunteer opportunities.
- Develop personal relationships with your faculty and peers through influential conversation lunches and social gatherings.
- Familiarize yourself with the pace and rigor of the 3RC.
- Experience Pittsburgh cuisine and social life through free lunches and off-campus events.
- Get settled into your new home before the year starts!





OPPORTUNITIES

DAILY INSTRUCTION

Experience an ungraded introduction to your first-year cases, as well as flipped classroom instruction.

PROFESSIONAL DEVELOPMENT

Learn study strategies, wellness tips, and advice from fellow students.

SIGHTSEEING

Explore the food, museums, sports, and cultures of Pittsburgh with us! We've gone to TopGolf, PuttShack, Kennywood, art museums, Sarris Candies, and baseball games!

PROLOGUE CURRICULUM

- Introduction to Medical Anatomy
- Keystone Fundamentals
- Biochemistry

INTRODUCTORY SESSIONS

- Intro to Physical Exam
- Intro to Medical Interviewing
- Intro to Professionalism
- Make it Stick: The Science of Successful Learning
- Wellbeing Sessions



“Prologue provided me with a structured and supportive environment to experiment with my study techniques and approaches to learning. The program's design allowed me to adjust my methods multiple times without the pressure of falling behind or feeling overwhelmed by the volume of material...The camaraderie we built during Prologue has carried over into medical school, creating a foundation of trust and mutual encouragement within our class.”
-Goodness, MS1





PROLOGUE REFLECTIONS

“I could not believe there was a program that paid students to come to Pittsburgh early, meet the incredible members of the administration, receive fantastic meals, get a glimpse of classes, explore the city (including going to a Pirates game and museums), and meet new members of your I class....I set myself up for the most success in medical school by signing up for Prologue because of the relationships and experiences it provided me. If I had any advice for incoming M1s, it would be to participate in Prologue!”
-Cassidy, MS1

“The anatomy sessions were particularly impactful, providing a solid foundation for understanding material that is integral to the 3RC curriculum at Pitt Med. Similarly, the biochemistry and physiology sessions equipped me with the tools to engage deeply with the content we encountered throughout the semester... Prologue gave me the tools, knowledge, and community I needed to hit the ground running at Pitt Med.”
-Neha, MS1

